

## Description of Extended Day Classes for Fall Trimester, 2011

Extended Day Fees are generally charged whenever a student is at school before 8:00 or after 3:30 (excepting Amnesty International, MS Volleyball, and MS Cross Country, which are no-fee until 5:15, Junior Counseling for Middle School students, which is no-fee for the day, and Band). For some classes, Activity Fees are charged in addition to Extended Day Fees. One Activity Fee is equivalent to one Block. Block rates were sent to you in the mail and will be posted online in the next few days. If you have questions about block charges, please contact the business office.

For all classes with Activity Fees, there is a minimum trimester commitment. Classes cannot be dropped after the second meeting, and you will be billed at that time. We depend on you for payment for the entire trimester, whether your child attends every class or not, but if a teacher misses a class we will credit your account the Activity Fee for that class.

**Academic Chess (1<sup>st</sup> – 5<sup>th</sup>) with “Academic Chess” Staff; contact Jesse Dioquino, Program and Community Relations Director, Academic Chess; [jesse@academicchess.org](mailto:jesse@academicchess.org)  
Extended Day fees, plus additional 2.5 Activity Fees; trimester commitment (12 classes/30 Activity Fees)**

**Tuesday, 3:30-4:30**

This class is designed for everyone from the beginner to the advanced player. Using innovative methods, “Academic Chess” staff will teach students the basic principles behind the opening game, middle game tactics/objectives, and endgame strategies. Learning this ancient game, participants will develop patience, foster critical thinking skills, and understand that decisions result in consequences. All participants will receive exclusive “Academic Chess” workbooks.

**Amnesty International (6<sup>th</sup> – 8<sup>th</sup>) with Solveig Dimon, SFS Gardener, Librarian, and Kitchen Assistant; [sdimon@sfschool.org](mailto:sdimon@sfschool.org)**

**No Extended Day fees until 5:15, no Activity Fees; trimester commitment (no meeting November 11)  
Friday, 3:30-4:30**

Students in this class will discuss current issues happening in their communities and around the world. SFS has one of the few middle school chapters of Amnesty International in the Bay Area. The purpose of our chapter is to support the mission of Amnesty International; this is an excerpt of that mission: "We are people from across the world standing up for humanity and human rights. Our purpose is to protect people wherever justice, freedom, truth and dignity are denied. We investigate and expose abuses, educate and mobilize the public, and help transform societies to create a safer, more just world. We received the Nobel Peace Prize for our life-saving work." Middle school students who join Amnesty will choose a human rights campaign to work on this school year and work to educate our communities. This may take the form of phone-calling or letter writing campaigns, setting up a table on campus or on 24th Street, or hosting a speaker. This work is rewarding and educational!

**Band (4<sup>th</sup>—8<sup>th</sup>) with James Harding, SFS Music Instructor, and Orff Teacher-Trainer; [jharding@sfschool.org](mailto:jharding@sfschool.org)**

**No Extended Day fees; no Activity Fees; yearlong commitment  
Thursday, 7:30-8:30am**

The San Francisco School band rehearses once a week before school. It is required that students be working outside of band with a teacher, and that they have completed a year of study on their instrument. In the band, students work on ensemble skills and reading skills through a varied repertoire of music. Any instrument can be considered for band; over the years band has included: flute, saxophones (alto and tenor), clarinet, trumpet, trombone, violin, electric bass, electric guitar, piano/keyboard, marimba/vibes, drums/percussion. The band performs at the Middle School Spring concert in May, and also within school at several celebrations including 8th grade graduation.

**Book Arts (1<sup>st</sup> – 5<sup>th</sup>) with Vivian Walz, 5<sup>th</sup> Grade Teaching Intern, Director of Extended Day, and Summer Camp Art Teacher; [vwalz@sfschool.org](mailto:vwalz@sfschool.org)**

**Extended Day fees only, no Activity Fees**

Students will blend creativity and craftsmanship to custom-create their own scrapbooks, sketchbooks, notebooks, journals, pop-up books, and bound books. In class they will fill their books with sketches, drawings, photos, stories, dialog, riddles, jokes, recipes, and poems. Advanced registration is recommended, but drop-in is possible if the class is not full.

*In addition to her work in education, Vivian has maintained a lifelong interest in arts and crafts. She has taken many book arts workshops, and has taught book-making in Extended Day and summer programs.*

**Ceramics (1<sup>st</sup>-4<sup>th</sup>) with Ruth Oprean Cardillo, 5<sup>th</sup>-8<sup>th</sup> Grade Art Teacher at SFS; [rcardillo@sfschool.org](mailto:rcardillo@sfschool.org)**

**Extended Day fees only, no Activity Fees; trimester commitment**

**Wednesday, 3:30-4:30**

Students will explore hand-building techniques in fun single-day clay projects like clay caterpillars, leaf-printed bowls, coil pots, and fairy houses, with some non-clay surprises along the way. Advanced registration is required; no drop-in.

*Ruth studied at California College of the Arts, and has taught at all grade levels for over 15 years. She is versed in a variety of media, especially painting, drawing, and ceramics.*

**Ceramics and Open Studio (5<sup>th</sup> – 8<sup>th</sup>) with Ruth Oprean Cardillo, 5<sup>th</sup>-8<sup>th</sup> Grade Art Teacher at SFS; [rcardillo@sfschool.org](mailto:rcardillo@sfschool.org)**

**Extended Day fees only, no Activity Fees**

**Friday, 3:30-4:30**

Students can sign up for focused clay sessions that go beyond the techniques that are introduced in the regular school day. In addition, students who have missed a class or need more time to finish a classroom project may attend on a drop-in basis to complete their drawing, painting, or clay assignment. Each week will include a hand-building, finishing, or glazing lesson, or a single-day glass fusing project.

*Ruth studied at California College of the Arts, and has taught at all grade levels for over 15 years. She is versed in a variety of media, especially painting, drawing, and ceramics.*

**Clarinet (4<sup>th</sup> – 8<sup>th</sup>) with Morgan Nilsen; [morgank.n@gmail.com](mailto:morgank.n@gmail.com)**

**Extended Day fees, plus additional 4 Activity Fees; trimester commitment (13 classes/52 Activity Fees 4<sup>th</sup>, 5<sup>th</sup>, 8<sup>th</sup>, 12 classes/ 48 Activity Fees for 6<sup>th</sup>, 7<sup>th</sup>)**

**Wednesday, 1/2 hour lessons between 3:30-5:30**

Private half-hour lessons (with occasional one-hour group lessons for duets or ensemble pieces) for beginning and intermediate students. Students will experience repertoire ranging from world music to

classical, while they learn reading notation, improvisation, and composition. Intermediate students will be able to polish pieces for band and class performances.

*Morgan Nilsen is a graduate of the Eastman School of Music in clarinet performance. Her other great interest is traditional music from around the world.*

**Contemporary Dance (3<sup>rd</sup>-5<sup>th</sup>) with Tim Rubel, M.F.A; [dancinghound@gmail.com](mailto:dancinghound@gmail.com)  
Extended Day fees, plus additional 1.5 Activity Fees; trimester commitment (10 classes/15 Activity Fees)**

**Monday, 3:30-4:30**

A great introduction to dance for kids who are inspired by shows like “So You Think You Can Dance,” and want to move. This class will focus on teaching students traditional modern dance technique, while also giving them space to create their own movement vocabulary. During each class, participants will learn and practice technical skills by performing movement combinations, and will be introduced to the art of choreography through improvisational games.

*Tim Rubel is a dancer, choreographer and teacher. In 2010, he founded Tim Rubel Human Shakes, a contemporary dance company based in San Francisco, as a vehicle for producing his own evening length works about human relationships.*

**Creative Kitchen (1<sup>st</sup> – 5<sup>th</sup>) with Peter Granquist, SFS Third Grade Teaching Intern, Guitar Teacher, and Extended Day Staff; [pgranquist@sfschool.org](mailto:pgranquist@sfschool.org)  
Extended Day fees, plus additional 1 Activity Fee; trimester commitment (10 classes/10 Activity Fees)  
Monday, 3:30-4:30**

You never know what will be on the menu, but it is guaranteed to be fun to make and delicious to eat. Students will learn basic cooking techniques such as peeling, chopping, mixing, and baking, while whipping up their favorite foods like pizza, pasta with pesto, quesadillas, and chocolate chip cookies.

**Creative Movement (1<sup>st</sup>-2<sup>nd</sup>) with Tim Rubel, M.F.A; [dancinghound@gmail.com](mailto:dancinghound@gmail.com)  
Extended Day fees, plus 1.5 Activity Fees; trimester commitment (12 classes/18 Activity Fees)  
Wednesday, 3:30-4:30**

This class will focus on giving students the confidence and physical tools to tell stories with their bodies. Starting in a circle on the floor, students will make shapes with their bodies based on children’s stories and visual images, then proceed to locomotive dance skills like jumping, skipping, walking, and running, accompanied by music.

*Tim Rubel is a dancer, choreographer and teacher. In 2010, he founded Tim Rubel Human Shakes, a contemporary dance company based in San Francisco, as a vehicle for producing his own evening length works about human relationships.*

**Cross Country (6<sup>th</sup> – 8<sup>th</sup>)  
No Extended Day fees until 5:15, no Activity Fees; trimester commitment  
Monday and Wednesday**

See Athletics page on website or contact Tiffany Fong at [tfong@sfschool.org](mailto:tfong@sfschool.org) for information.

**Drumming (1<sup>st</sup> with previous experience and teacher approval – 8<sup>th</sup>) with Michaelle Goerlitz; [percmigo@gmail.com](mailto:percmigo@gmail.com)**

**Extended Day fees, plus additional 3 Activity Fees; trimester commitment ( 12 classes/36 Activity Fees for 1<sup>st</sup>- 5<sup>th</sup>, 8<sup>th</sup>, 11 classes/33 Activity Fees for 6<sup>th</sup>, 7<sup>th</sup>)**

**Tuesday and Wednesday, 1-hour lessons from 3:30 to 4:30, and 4:30 to 5:30**

One-hour group percussion lessons for beginning and intermediate students. The students are introduced to drumstick and hand drumming techniques and rhythms. They will explore the drum set, congas, marimbas, and other percussion instruments, (including their bodies--for body percussion)! Michaelle's approach is to have fun while learning to listen to yourself and other players.

*Michaelle Goerlitz is a staff member at "Born to Drum," whose mission is to provide a positive environment for women to learn, to teach, and to perform drumming arts from diverse cultures. Michelle has played, recorded, and toured with a variety of artists, and was a founding member of Wild Mango. She has taught dozens of boys and girls at The San Francisco School in her many years of teaching here.*

**Flute (3rd – 8th) with Sue Fleming; [fleming-6@comcast.net](mailto:fleming-6@comcast.net)**

**Extended Day fees, plus additional 4 Activity Fees; trimester commitment (11 Classes/ 44 Activity Fees for 2<sup>nd</sup>-5<sup>th</sup>, 8<sup>th</sup>, 10 classes/40 Activity Fees for 6<sup>th</sup>, 7<sup>th</sup>)**

**Monday, 1/2 hour lessons between 3:30-5:30**

Private half-hour lessons (with occasional one-hour group lessons for duets or ensemble pieces) for beginning, intermediate, and advanced students. Students will experience repertoire ranging from world music to classical, while they learn reading notation, music theory, and performance techniques. Students will also be able to polish pieces for band and class performances. Purchase of flute books will be asked of the students and parents.

*Sue has been a private flute teacher for over 40 years, and has over 30 years of experience teaching instrumental music in schools. She is currently teaching music with the Community School of Music & Arts in Mountain View and East Palo Alto. Sue and her husband Joe have a golden retriever and 4 kids - 3 currently in college and 1 in high school - who are all musicians, athletes, and scholars. In the in-between moments, Sue sings with the San Francisco Choral Society and has a love for reading and learning to play new instruments.*

**Guitar for Middle School (6<sup>th</sup>-8<sup>th</sup> grade) with Bryan Olson; [bryanolson22@hotmail.com](mailto:bryanolson22@hotmail.com)**

**Extended Day fees, plus additional 4 Activity Fees; trimester commitment (13 classes/52 Activity Fees for 8<sup>th</sup>, 12 classes/48 Activity Fees for 6<sup>th</sup>, 7<sup>th</sup>)**

**Monday, 1/2 hour lessons between 3:30-5:00**

Private ½ hour lessons for beginning, intermediate, or advanced students. Students will learn chords, rhythm playing, and improvisation while studying popular songs in a wide range of styles (including Jazz, Blues, Rock, Brazilian, Cuban Son, Classical and more). Additional class material will be tailored to the musical interests of the individual student and we will explore guitar as both a lead and an accompaniment instrument.

*Bryan Olson is a professional guitarist who performs regularly throughout the Bay area. He graduated with a music performance and Jazz studies degree from DePaul University in Chicago and has been playing and teaching guitar in a diverse range of styles for over 20 years.*

**Guitar Basics (2<sup>nd</sup> – 5<sup>th</sup> ) with Peter Granquist, SFS 3<sup>rd</sup> Grade Teaching Intern, Extended Day Staff, Cooking Instructor; [pgranquist@sfschool.org](mailto:pgranquist@sfschool.org)**

**Extended Day fees, plus additional 4 Activity Fees; trimester commitment (13 classes/52 Activity Fees) Friday, 1/2 hour private lessons between 3:30-5:30**

In half-hour private lessons students will learn the fundamentals of guitar playing in a variety of styles, in a fun, creative environment. Through musical games and sing-alongs, students will learn chords, fingering techniques, and improvisation skills. Most of all they will loosen up, and rock-out, as they free the music that is inside their soul!

**Homework (4<sup>th</sup> – 8<sup>th</sup>) with SFS Extended Day Staff**

**Extended Day fees only, no Activity Fees**

**Monday – Thursday, 3:30-4:30**

Students are provided a quiet and focused environment to work independently or in small groups on their homework assignments.

**Indoor/Outdoor Choice (1<sup>st</sup> – 8<sup>th</sup>) with SFS Extended Day Staff**

**Extended Day fees only, no Activity Fees**

**Monday – Friday, in the library and yard**

In the yard, students will be supervised during their free play on the structure and swing, the foursquare courts, and in the garden. Extended Day staff will facilitate organized games, fort building, animal care, and imaginative play. In the library, students will be supervised as they play board games, draw, read a book, talk quietly with friends, or do homework. When signed into Indoor/Outdoor Choice, students will be able to move between the library (as space is available) and the yard, with the permission of the staff member on duty.

**Saxophone (4<sup>th</sup> – 8<sup>th</sup>) with Joshi Marshall; [joshimarshall@gmail.com](mailto:joshimarshall@gmail.com)**

**Extended Day fees, plus additional 4 Activity Fees; trimester commitment (13 classes/52 Activity Fees for 4<sup>th</sup>, 5<sup>th</sup>, 8<sup>th</sup>, 12 classes/48 Activity Fees for 6<sup>th</sup>, 7<sup>th</sup>)**

**Thursday, 1/2 hour lessons between 3:30-5:30, as arranged by instructor**

Private half-hour lessons (with occasional group lessons for duets or ensemble pieces). Beginning students will learn the basics, and intermediate students will be able to polish pieces for the band and class performances. Students will experience a repertoire ranging from world music to classical, while they learn reading notation, improvisation, and composition.

*Joshi Marshall grew up in Berkeley surrounded by music and musicians. He has played the saxophone since age 10, and has been teaching for 15 years. He continues to play live, record, and teach at all levels. He is trained in the Orff Schulwerk method of teaching which combines music, movement, drama, and speech. We are very excited to welcome him to our Extended Day program.*

**Trumpet (4<sup>th</sup> – 8<sup>th</sup>) with John Freeman**

**Extended Day fees, plus additional 4 Activity Fees; trimester commitment (13 classes/52 Activity Fees for 4<sup>th</sup>, 5<sup>th</sup>, 8<sup>th</sup>, 12 classes/48 Activity Fees for 6<sup>th</sup>, 7<sup>th</sup>)**

**Thursday, 1/2 hour lessons between 3:30-5:30, as arranged by instructor**

Private half-hour lessons (with occasional group lessons for duets or ensemble pieces). Music is usually provided, but occasionally parents will be asked to purchase a book of music. Students learn in a positive environment with encouragement to become their best while enjoying playing the trumpet. Students will experience a repertoire ranging from world music to classical, while they learn reading

notation, improvisation, and composition. Intermediate students will be able to polish pieces for band and class performances.

*John Freeman is a busy classical freelance musician and teacher in the San Francisco Bay Area. He is a member of the Oakland Symphony and also regularly performs with groups such as the San Francisco Symphony, San Francisco Opera, Berkeley Symphony Orchestra, Napa Valley Symphony and many others. When he's not performing or teaching music, John enjoys training for bicycle races, roasting his own coffee and spending time with his wife, Robin. For additional information, see his website at [www.johnfreemantrumpet.com](http://www.johnfreemantrumpet.com).*

### **Tutoring (1<sup>st</sup> – 8<sup>th</sup>)**

**Extended Day fees, plus 3.5 additional Activity Fees for 3:30 to 4:30 session, or 3 additional Activity Fees for 4:30 – 5:30 session; trimester commitment**

**Monday – Friday, between 3:30-5:30, as arranged by instructor**

Children may participate in the fee-Based after-school tutoring program with the mutual consent of parents, the teacher, and the Learning Specialist. This program provides small group academic support by a tutor and requires a one-trimester commitment. Separately, the school may be able to provide space for an individual student to meet with his/her private tutor. For all types of tutoring, Extended Day charges apply from the time a student checks in to the time a student checks out, in addition to the Activity Fees for tutoring.

Schedule tutoring directly with Nancy McCallister at 415-239-5065 x313, or at [nmccallister@sfschool.org](mailto:nmccallister@sfschool.org). Do not sign your child up for tutoring on the Parent Portal. See the Parent Handbook for further information.

### **Volleyball (6<sup>th</sup> – 8<sup>th</sup>)**

**No Extended Day fees until 5:15, no Activity Fees; trimester commitment**

**Tuesday and Thursday**

See Athletics page on website or contact Tiffany Fong at [tfong@sfschool.org](mailto:tfong@sfschool.org) for information.