

**The San Francisco School Extended Day Class Schedule**

September 8<sup>th</sup> – December 18, 2009

Classes begin Tuesday Sept. 8<sup>th</sup> and conclude on Friday, December 18<sup>th</sup>. Standard fees apply unless noted as Activity Fee classes. Classes are for 1<sup>st</sup> through 8<sup>th</sup> grades unless specifically noted. All classes begin at 3:30 and end at 4:30 p.m. and Athletic practices usually go until 5:00 p.m. unless duly noted.

	<b>Monday</b> 9/14 – 12/14	<b>Tuesday</b> 9/8 – 12/15	<b>Wednesday</b> 9/9 – 9/16	<b>Thursday</b> 9/10 – 12/17	<b>Friday</b> 9/11 – 12/18
<b>Standard Extended Day Fee</b> <b>With the exception of: Volleyball, Cross Country, Amnesty International, and Yearbook.</b>	Homework 4 <sup>th</sup> – 8 <sup>th</sup> only in 8 <sup>th</sup> Grade Room  Yard Play 1 <sup>st</sup> – 5 <sup>th</sup> only on Green Top and Garden Area  Cartoon Drawing w/Ben 1 <sup>st</sup> – 8 <sup>th</sup> in Art Room  Volleyball on Green Top and Cross Country Off Campus 6 <sup>th</sup> – 8 <sup>th</sup> only	Homework 4 <sup>th</sup> – 8 <sup>th</sup> only In 7 <sup>th</sup> Grade Room  Yard Play 1 <sup>st</sup> – 5 <sup>th</sup> only on Green Top and Garden Area  Volleyball on Green Top and Cross Country Off Campus 6 <sup>th</sup> – 8 <sup>th</sup> only  Artistic Lettering with Huey in Art Rm 3 <sup>rd</sup> – 8 <sup>th</sup> Grades	Homework 4 <sup>th</sup> – 8 <sup>th</sup> only in Science Room  Yard Play 1 <sup>st</sup> – 5 <sup>th</sup> only on Green Top and Garden Area  Volleyball on Green Top and Cross Country Off Campus 6 <sup>th</sup> – 8 <sup>th</sup> only  Computer w/Ben 6 <sup>th</sup> – 8 <sup>th</sup> Grades only in Spanish Room  Yearbook w/Ruth 6 <sup>th</sup> – 8 <sup>th</sup> Grades only in Art Room	Homework 4 <sup>th</sup> – 8 <sup>th</sup> only in Science Room  Yard Play 1 <sup>st</sup> – 5 <sup>th</sup> only on Green Top and Garden Area  Volleyball on Green Top and Cross Country Off Campus 6 <sup>th</sup> – 8 <sup>th</sup> only  Amnesty International w/Solveig 6 <sup>th</sup> – 8 <sup>th</sup> only in 6 <sup>th</sup> Grade Room  Still Life Drawing w/Huey 1 <sup>st</sup> – 8 <sup>th</sup> Grades in Art Room	Homework 4 <sup>th</sup> – 8 <sup>th</sup> only in Science Room  Yard Play 1 <sup>st</sup> – 8 <sup>th</sup> Gr. on Green Top and Garden Area  Strategic Board Games w/Ben 1 <sup>st</sup> – 8 <sup>th</sup> Grades in Library
	<b>Activity</b>	<b>Fee</b>	<b>Classes</b>		
<b>Activity Fee Classes (Normal Fees + additional Activity Fee)</b>	Creative Kitchen w/ Peter 1 <sup>st</sup> – 8 <sup>th</sup> Grades in Kitchen (1 Activity Fee)  "Take My Word For It!" 3 <sup>rd</sup> – 5 <sup>th</sup> only (2 Activity Fee) in 3 <sup>rd</sup> Grade Room  <b>Tree Frog Treks: Planet Earth Explorer!</b> w/Staff in Activity Room 1 <sup>st</sup> – 8 <sup>th</sup> Grades (2 Activity Fees)	Drumming w/Michaelle in Music Rm 2 <sup>nd</sup> grade & up only (3 Activity fees) in Music Room  Guitar w/ Bryan 1 <sup>st</sup> – 8 <sup>th</sup> Grades (3 Activity fees) in 4 <sup>th</sup> Grade Room  Academic Chess w/Jesse 1 <sup>st</sup> – 8 <sup>th</sup> Grades (2 Activity Fees) in Activity Room	Creative Kitchen w/ Vivian 1 <sup>st</sup> – 8 <sup>th</sup> Grades in Kitchen (1 Activity Fee)  Golf w/Nick 3 Activity Fees in Activity Rm and Garden Area 1 <sup>st</sup> – 8 <sup>th</sup> Grades 3:30-4:30 p.m.  Drumming w/Michaelle in Music Rm 2 <sup>nd</sup> grade & up only (3 Activity fees)	Flute w/Sky (3 Activity Fee) 3 <sup>rd</sup> Grade & up only in Spanish Room  Mandarin w/Jesse Liu Beginner and Intermediate 1 <sup>st</sup> – 8 <sup>th</sup> Grades In Math Room (2 Activity Fee)  Fencing w/Staff 1 <sup>st</sup> – 8 <sup>th</sup> Grades (2.5 Activity Fees) in Activity Rm.	Clarinet w/James Harding 1 <sup>st</sup> – 8 <sup>th</sup> Grades (3 Activity fees) in Music Room  Hapkido w/Jino In Activity Rm 1 <sup>st</sup> – 8 <sup>th</sup> Grades (Two Activity Fee)  "Take My Word For It!" 6 <sup>th</sup> – 8 <sup>th</sup> only (2 Activity Fee) in 8 <sup>th</sup> Grade Room

	3:30-4:30 p.m.				
	Violin with Akiko Kojima in Spanish Room 1 <sup>st</sup> – 8 <sup>th</sup> Grades (3 Activity Fees)			Flute w/Sky (3 Activity Fee) 3 <sup>rd</sup> Grade & up only in Spanish Room	
	Trumpet with Owen in Music Room 3 <sup>rd</sup> -8 <sup>th</sup> only (3 Activity Fee)				
Fee Based	Tutoring	Contact	Elyse Wolland @	ewolland@sfschool.org	

**Academic Chess with Staff 1<sup>st</sup> – 8<sup>th</sup> Grades (2 Activity Fees) in Activity Room.** The class is designed for everyone from the beginner to the advanced player. With our innovative teaching methods, attendees will learn the basic principles behind the opening game, middle game tactics/objectives, and endgame strategies.

Learning this ancient game, participants will develop patience, foster critical thinking skills, and understand that decisions result in consequences. All participants will receive our exclusive workbooks.

**Artistic Lettering with Huey:** 3<sup>rd</sup> -8<sup>th</sup> Grades in Art Room. In this class we will be exploring the art of decorative text. We will be studying different types of font as well as creating our own alphabet. The class will examine text in art as well as text as art. The class will be based on graffiti-style development of a name/word but projects will range from graffiti to calligraphy and graphic design. The class will start out looking at fonts and from there, students will be able to develop a style of their own based on classic and modern fonts. We will work towards creating each student's family tree and discuss the significance of a name. We will be working with various materials to give students the chance to feel out different types of line. Although there might be times where we watch a video, this class will be mostly drawing and writing.

**Amnesty International 6<sup>th</sup> – 8<sup>th</sup> Grades with Solveig in 6<sup>th</sup> Grade**– Students in this class will discuss current issues happening in their communities and around the world. SFS has one of the few middle school chapters of Amnesty International in the Bay Area. The purpose of our chapter is to support the mission of Amnesty International. This is an excerpt of that mission: "We are people from across the world standing up for humanity and human rights. Our purpose is to protect people wherever justice, freedom, truth and dignity are denied. We investigate and expose abuses, educate and mobilize the public, and help transform societies to create a safer, more just world. We received the Nobel Peace Prize for our life-saving work." M.S. Students who join Amnesty will choose a human rights campaign to work on this school year and work to educate our communities. This may take the form of phone-calling or letter writing campaigns, setting up a table on campus or on 24th Street, or hosting a speaker. This work is rewarding and educational!

**For grades 6<sup>th</sup> – 8<sup>th</sup> only:**

**Athletics - Cross Country (off campus) 3:30-5:00 p.m. (no fee until 5:00 p.m.)**

"See Athletics page or contact Tiffany Fong for further details."

**For grades 6<sup>th</sup> – 8<sup>th</sup> only:**

**Athletics – Volleyball on Green Top 3:30-5:00 p.m. (no fee until 5:00 p.m.)** "See Athletics page or contact Tiffany Fong for further details."

**Beginning Fencing Class with the SF Fencers' Club Staff 1<sup>st</sup> – 8<sup>th</sup> Grades (2.5 Activity Fees) in Activity Room**

Come join us for a month of fun with the foil. In this month long fencing class, you will receive an introduction to the art of fencing. Every class will include warm-ups, footwork, attacks and fundamentals of defensive actions and bouting with a partner. Enjoy a fun class while learning the basic strategy of foil fencing for a beginner, as well as a wonderful exposure to the modern art of fencing.

*San Francisco Fencers' Club is located in Belmont and the San Francisco Richmond district. The club has members who have been and continue to be on US National Fencing Teams. SFFC graduates have successfully placed into top universities such as Stanford, Princeton, Cornell, Vassar, NYU, Barnard, UC Berkeley and UC Santa Barbara.*

**Beginner's and Intermediate Mandarin** with Jessie 1<sup>st</sup> – 8<sup>th</sup> Grades in the Math Room (Two additional blocks)

– Jessie Liu has been teaching Chinese since 1978 at East Bay Chinese School, Fremont Chinese School, and Ohlone College, among others, and has been tutoring small groups and individuals of all ages for 25 years. Jessie most recently aided Marin Country Day School in designing curriculum and hiring teachers for their Mandarin program. Currently, she is a Mandarin teacher at Marin Academy in the World Language Department. She worked for 20 years as an international marketing manager in the U.S., Taiwan, and China. Jessie also does cross-culture training for the business community. Class Description: The class will focus on practical vocabulary and conversations in Mandarin. There will be some instructions of Chinese characters and calligraphy. Students will practice listening and speaking skills and learn about Chinese culture through various interactive and hands-on activities. Student age group: 8 to 10 years old. Maximum class size: 12 students with Intermediate lessons offered from 3:10 to 3:50 p.m. and Beginners' lessons from 3:50-4:30.

**Cartoon Drawing** 1<sup>st</sup> – 8<sup>th</sup> Grades with Ben in Art Room: Each student will learn the basics of drawing simple cartoon shapes such as people, animals, and everyday objects. Cartoons are a fun way to tell stories without the pressure of making drawings look "realistic". Students can draw pictures just for fun or to tell stories in a comic strip format.

**Creative Kitchen with Peter on Mondays and Vivian on Wednesdays in Kitchen-** (1 Activity Fee – 1<sup>st</sup> – 8<sup>th</sup> Grades) You never know what Peter and Vivian will be cooking up in the Creative Kitchen. It could be soup, biscuits, or stir-fried rice, or it just might be an edible art treat like "stained glass" cookies. Learn basic cooking techniques like peeling, chopping, mixing, and baking, while following a recipe or inventing our own. Taught by Peter, Extended Day staff and 3<sup>rd</sup> Grade Teaching Assistant, and Vivian, fifth-grade teaching intern, veteran summer and day-care teacher, and SFS assistant cook.

**Computer Programming,** 6th-8th grade w/Ben Green in Computer Lab: Learn the fundamentals of computer programming using M.I.T.'s visual Scratch application. Make games, animated movies, and interactive presentations.

**Golf** (3 Activity Fees – 1<sup>st</sup> – 8<sup>th</sup> Grades) with **Nick Mandelstein in the Activity Room and Garden Area-** TGA turns any ordinary space into a golf learning center. Using mats, nets, and assorted props we teach solid swing fundamentals, drills, and simulations. Our games are designed to build confidence, team work, and reinforce the behavior and temperament to be a solid junior golfer. TGA sets up a course so your child can experience and apply their golf education. Daily lessons, games, contests, and prizes will keep your child enthusiastic for the game. ALL Golf equipment is provided. Participants receive hats and hat-clips signifying their progress level.

**Hapkido with Jino – (Two Activity Fees) 1<sup>st</sup> – 8<sup>th</sup> Grades in Activity Room** Hapkido USA is the premier school in San Francisco for absolute beginners through Masters level. Hapkido USA incorporates the necessary skills to advance oneself physically, mentally and spiritually through the study of Hapkido. Hapkido's practical application, personal protection and mixed Martial Arts philosophy make it well known throughout the world for its versatility. We are dedicated to providing a safe and family-oriented Martial Arts experience for students of all ages. Our mission is to engender self-betterment and personal protection through realistic and practical training. We promote physical fitness and positive social interaction in a courteous and fun atmosphere. Character building is our goal, and instilling in our students a proper code of ethics to inspire them to lead stellar lives as leaders in the community with positive confidence.

**Homework** 4th – 8th Grades only: Students are provided a quiet and focused environment to work independently on their homework assignments.

**Strategic Board Games** with Ben Green in Library (1<sup>st</sup> – 8<sup>th</sup> Grades):

Come play games of craft and cunning, where you use your wits to win. Ben will provide games to interest and challenge all ages and levels of ability from the award winning Blokus (ages 5 & up) to the strategy game classic Risk (12 & up).

**Take My Word For It! (2 Activity Fee) for 3<sup>rd</sup> – 5<sup>th</sup> only on Mondays in 3<sup>rd</sup> Grade Room and 6<sup>th</sup> – 8<sup>th</sup> only on Fridays in 8<sup>th</sup> Grade Room** with Naomi. She has worked with children of all ages, providing students with the tools to explore their creativity in a supportive and nurturing environment. Her goal is to allow them to express themselves freely and feel proud of their creations. Naomi has published short stories, volunteered at San Francisco's famed writing center, 826 Valencia, and is currently working toward an MFA in Creative Writing at San Francisco State University.

**3<sup>rd</sup> – 5<sup>th</sup> Course description: Take My Word For It!** is a one-of-a-kind creative writing program taught in the after school setting. We encourage kids to find their writer's voice through an innovative curriculum that explores a million different ways to put words together. What happens when kids are given the freedom to go wherever their imaginations want to travel? Wondrous sights, smells, sounds, textures and characters emerge accompanied by stunning metaphors, astounding alliterations and captivating dialogue. Parents marvel at their kids' knack for writing powerful poems, unique stories, persuasive essays, and tantalizing travel pieces. We get rave reviews whenever our young writers share their work out loud. They get to do that in front of their family, friends and teachers at a special reading we put on at the end of every session.

**6<sup>th</sup> – 8<sup>th</sup> Course description: Text Messages, Vampires, & Notes You Don't Want Your Teacher to See** is an after-school creative writing class with a twist. Working in a wide range of forms—from graphic novels to sonnets, text messages to Twitter—we'll unleash your creative spark while expanding the traditional boundaries of creative writing. Offered by "Take My Word For It!", a Bay area creative writing that encourages kids to have a grand old time as well as feel safe and supported while they grow as writers, this class is designed for 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade students.

**Tree Frog Treks: Planet Earth Explorer! With Staff 1<sup>st</sup> – 8<sup>th</sup> Grades (2 Activity Fees) in Activity Room** Tree Frog Treks makes science come alive by introducing children to live rescued reptiles and amphibians and exploring nature through fun, hands-on science experiments and art projects. Become an Explorer Frog as you hop between the continents to discover planet Earth's ecosystems with the scientific team from Tree Frog Treks! Join the amazing animal ambassadors from the deserts of Australia, the rainforests of South America, and the jungles of Southeast Asia. Prepare yourself for the Arctic and Antarctic expeditions, and then transport yourself to the African Savannah to find out how living things have adapted to these extreme weather conditions. Become a volcanologist to peek below the Earth's crust, and learn about non-carbon based life like arsenic-breathing bacteria! Calculate the possibilities of life on other planets as you leap out into intergalactic space! Make your own scientific equipment like binoculars, plant presses and specimen jars to take home, and don't forget to make a pledge to save, preserve, and maintain our home as a Planet Earth Explorer.

**Tutoring** Children may participate in the Fee-Based After-School Tutoring Program with the mutual consent of parents, the teacher, and the Learning Specialist. This program provides small group academic support by a tutor and requires a one semester commitment. The fee for this tutoring is three extra blocks per class for the 4:30-5:30 session and three and a half extra blocks per class for the 3:30-4:30 session. Separately, the school may be able to provide space for an individual student to meet with his/her private tutor. For all types of tutoring, extended daycare charges apply from the time a student checks in to the time a student checks out. Schedule tutoring directly with Elyse Wolland at extension 301 or at [ewolland@sfschool.org](mailto:ewolland@sfschool.org). See the Parent Handbook for further information.

**Yard Play** 1st – 5th Grades only on Monday through Thursday and 1<sup>st</sup> – 8<sup>th</sup> Grades on Fridays in courtyard and garden area – Students will be supervised during their free play in the designated areas.

**Instrument Lessons 1st – 8th Grades: Students are encouraged to make a year- long commitment to fully absorb the instruction. Billing will be 3 additional blocks for each half hour class for each class for both the Extended Day semesters.**

**Clarinet** with James Harding in the Music Room – Beginning and Intermediate lessons offered by SFS's own music instructor.

**Drumming** with Michaelle in the Music Room – offering Beginning and Intermediate Drumming lessons. Michaelle is on the faculty of Born to Drum whose mission is to provide a positive environment for women to learn, to teach, and to perform drumming arts from diverse cultures. She has played, recorded, and toured with a variety of artists and was a founding member of Wild Mango.

**Flute** with Sky for Beginning and intermediate for 3<sup>rd</sup> Grades & up only in the Spanish Room 'Sky Chari has been teaching flute at the San Francisco School since 2001 and shares her love of the instrument with her students through upbeat instruction, fun music, and lots of encouragement. She has her degree in flute performance from the California Institute of the Arts and plays with a number of chamber groups in the Bay Area, as well as teaching at other independent schools.'

**Guitar** with Bryan in the 6<sup>th</sup> Grade Room. Learn your favorite songs while exploring the incredible versatility of the guitar. Beginning, intermediate and advanced classes are offered. Topics will include basic and advanced chords, syncopated rhythms and strumming, finger-picking, soloing, reading TAB, and more. Bryan Olson is an active teacher and performer in the Bay area and holds a degree in Music Performance/Jazz Studies from Depaul University in Chicago.(special note that the instructor will not be available on Sept. 16th; no class will be held that day; only 9 classes will be billed for this cycle).

**Trumpet** with Owen in the Music Room - Ages 9 and older, but will consider younger if need be. Unless the students are close in playing ability, I would recommend individual lessons. If there are enough students with similar ability we can have a class of 2, 3 and up to 7. I usually provide the music for the students, but in some cases they may be asked to purchase a method book. I strive to create a positive environment where students enjoy working to become better young musicians and trumpeters. My teaching style is to encourage kids to become their best while enjoying playing the trumpet.

**Violin** with Akiko Kojima in Spanish Room. 1<sup>st</sup> – 8<sup>th</sup> Grades (3 Activity Fees) The violin class will feature the Suzuki Method which is based on the principle of acquiring music skills in a natural process that is similar to the way the children learn how to speak their own language. The Suzuki ideas and philosophy are taught all over the world with great success helping young students to develop the basic elemental technique of string playing. Some of the ideas of the Suzuki approach for violin learning are the importance of playing before reading, the importance of listening to music and the role of the parents in helping the child practice. Suzuki classes are a wonderful environment for learning!