



THE SAN FRANCISCO SCHOOL

Tuesday Note Home

Our Weekly Community Newsletter

Week of September 11, 2017



Upcoming Dates

Thursday September 14

Middle School Back to School Night
6:30-8:30 pm

Saturday September 16

Coastal Cleanup Day

Sunday September 24

Walkathon & All-School Picnic
10:30 am-1:30 pm

Wednesday September 27

5th & 6th Grade Parent/Guardian Math Info Night
5:45-6:15 pm

8th Grade Parent/Guardian Math Info Night
5:30-6:15 pm

All-School Meeting & Potluck
6:30-8:30 pm

Tuesday October 3

7th Grade Parent/Guardian Math Info Night

5:30-6:15 pm

6th & 7th Grade Outdoor Education Presentation

6:30-7:30 pm

[Full Calendar](#)

What's Cookin' This Week?*



Wednesday: Enchilada Casserole w/ Coleslaw & Fruit

Thursday: Sloppy Joes w/ Cucumber Salad & Fruit

Friday: Picnic Lunch (for Preschool/Kindergarten)

Monday: Ravioli w/ Caesar Salad & Fruit

Tuesday: Soup Day w/ Cornbread, Cheese, & Salad

*Menus subject to change due to delivery changes and general human fallibility

In the Spotlight...



The Learning Services Department is facilitating a unique opportunity for parents to come together and share their experiences!

How to Be an Effective Advocate for Your Child with Learning Differences

How do you effectively communicate and partner with your child's teacher to facilitate a successful school year? How much communication is the 'right' amount? How do you help your child become more of an advocate for themselves? How do you establish healthy after-school habits and routines to help support your child in school and out? Come talk with other parents and share your own parenting expertise, experiences, and successes.

School News

Register Now for Childcare for Middle School Back to School Night & All School Meeting

Limited childcare is available for no fee for pre-registered SFS students on September 14th (Middle School Back to School Night) from 6:00-8:30 pm, and on September 27 (All School Meeting & Potluck) *if you [register](#) before the deadlines (see below).*

Note: There will be no drop-ins on September 14th & 27th to ensure pizza amounts and teacher-to-student ratios.

Back to School Night Registration Deadline:
Tuesday September 12th, 2017 at 6:00 pm

All School Meeting Registration Deadline:
Monday September 18, 2017 at 6:00 pm

Please consider whether your child will be comfortable past bedtime on campus in the evening, or if one of you or a familiar childcare provider should remain with your child at home.

Classroom presentations are for adults only; all children on campus must be in childcare.

Welcome to Our New Staff!

Please join us in welcoming our wonderful new staff members! We'll feature three of them each week until you've met them all.



Next up: new Head of Middle School
Nancy Nagramada, 1st Grade Assistant

- [Nancy Nagramada](#)

Sometimes You Feel Like A Nut...But Not At School!

In the first few weeks of school, we have had a few questions come up as it relates to the nut policy stated in the Family Handbook. Although the Handbook specifically stated no nuts or products containing nuts are allowed in any classroom, it was less clear as it relates to students eating lunch outdoors (where middle school students eat daily). As a result, we are issuing a **new policy** with hopes of clarifying these questions, making all efforts to discourage bringing of any nuts or nut related products to 300 Gaven Street. The new policy is stated below, and has been updated in the Family Handbook:

“Because there are students and adults in our community with life-threatening food allergies, the food prepared in the kitchen for preschool through fifth grade students does not contain nuts or nut-related products. **For students bringing lunch and/or snacks from home, including elementary school students on Fridays and Middle School students daily, we expect that these are free of nuts and nut-related products.** We are a nut sensitive campus, making every effort to discourage any nut related products.”

Get Ready for the Walkathon & All School Picnic!



Sunday, September 24th, 10:30 AM-1:00 PM
Louis Sutter Playground Soccer Field in the Portola

Registration 10:30 AM
Walkathon 11:00 AM-Noon
All School Picnic to Follow

Please join us for the first school fundraiser of the year. It's a super fun all-school affair that encourages non-competitive physical activity, and empowers students to act as ambassadors for the school to raise funds in support of campus improvement projects. Please think about family and friends you can ask to sponsor your student(s), or post the link to your Facebook page and collect pledges over the next two weeks!

We are using schoolauction.net for online pledge solicitation, pledging, and payments or you may submit via paper if you prefer. You should have received a Walkathon packet in the mail, but all materials are available [online](#) or at the Front Desk.

All School Picnic

Join your child's class at the picnic following the Walkathon. Some classes opt to bring dishes to share or bring individual lunches. Food will also be available to purchase courtesy of the 8th Grade! You can order and pay in

advance from [Uncle and Auntie's Hawaiian Plate Lunch Shop](#). (For those who are not familiar with 8th grade parent Derrick Rebello's culinary delights, you are in for a treat!)



Walkathon T-Shirts



This year's shirts are now available for purchase online at:

<https://sfs.schoolauction.net/walkathon2017shirts/>

Child (\$15.00) and Adult (\$20.00) shirts will be available for pick up and/or purchase at the end of the white zone beginning Tuesday, September 19 during the following times, while supplies last:

- End of the White Zone: 8:15 - 9:15 AM
- End of the White Zone: 2:30 - 3:30 PM
- Front Desk: 3:30 - 6:00 PM

If purchasing in-person, please park your car legally and come to school during these days and times to buy your shirt(s). Remember, popular styles and sizes sell quickly every year. If you are unable to make any of the above sale dates/times, please contact Jackie (jennis@sfschool.org).

Sign-In For Extended Day (Elementary/Middle School)

Some helpful hints for students new to Elementary/Middle School Extended Day, and a few reminders for returning students:

If a student knows s/he is supposed to go to Extended Day on any given day, no notice needs to be sent to the classroom, front desk, or Extended Day staff unless it is a caregiver who has not been previously authorized to pick up. Students can proceed directly to Extended Day after school.

If there is someone other than a parent who will be picking up the student regularly (nanny, grandparent, other SFS parent), s/he should be added to the student's authorized pick-up list.

If the pick-up plan changes during the day, a parent can send an email to the front desk until 1:00, after which they should call. A note will be delivered to the classroom. Try to let us know as early as possible, because it can get very busy here in the afternoon.

If a student does not know whether s/he is supposed to go to Extended Day, s/he will be sent to carpool. If not picked up at carpool, students will then be signed into Extended Day.

The Search is On!

- 2nd Grade is looking for any used board games and legos you might have cluttering up your home! Please email Maggie Day (mday@sfschool.org) or CJ Logel (clogel@sfschool.org), or just send them in.

Beyond the Gates



S F Z E N C E N T E R

SFS 3rd Grade Teacher Laura Burges and family therapist and author Erica Reischer co-lead a Mindful Parenting retreat for parents, including meditation instruction, walking meditation in the garden, and a delicious vegetarian lunch at Green Gulch Farm. For more information and registration, follow [this link!](#)



Common Sense Media Tip of the Week

As some kids start the school year with new smartphones, they might not all be prepared to deal with the 24/7 connectedness that comes with it. Of course, the best thing is to [start talking about digital citizenship early and often](#), but as kids get older and technology advances, that conversation needs to keep evolving as well.

First, be as aware as possible of what your child is doing on the device. [What apps are they using? Which ones cause concern?](#) For example, one current app you may hear about is [Sarahah](#), which lets users give anonymous feedback to each other and can easily cause drama.

Then, make sure they know what to do about the [social media-induced anxiety](#) that lots of kids feel. Make sure they know it's OK to take breaks, not respond right away, and use devices in balance with offscreen activities.



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TNH Submissions

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